

# MIDDLE SCHOOL: SAFETY GOGGLES ADVISED

WEIRD  
FACTS

CHOOSE-  
YOUR-OWN-  
ENDING  
STORIES

QUIZZES

Finally, an entertaining and engaging book that uses science, stories, and humor to explain the “why” behind tricky middle school stuff!

“Jessica Speer’s latest book is an absolute treasure and must-read for middle school students and those who love them. Based on the insights of hundreds of students, Speer sheds light on topics of real interest to kids—from social media and changing friendship groups, to navigating conflict, dealing with drama, and managing stress. With a funny, engaging voice that keeps it interesting and the perfect amount of science that keeps it real, this book will be read, re-read, bookmarked, and studied.”

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Age Range: 11-14

Publisher: Familius

- Signe Whitson - author, international educator on bullying prevention, and chief operating officer of the Life Space Crisis Intervention Institute

Jessica Speer is the award-winning author of **BFF or NRF (Not Really Friends)? A Girls Guide to Happy Friendships** She has a master’s degree in social sciences and explores social-emotional topics in ways that connect with preteens & teens



[www.JessicaSpeer.com](http://www.JessicaSpeer.com)

