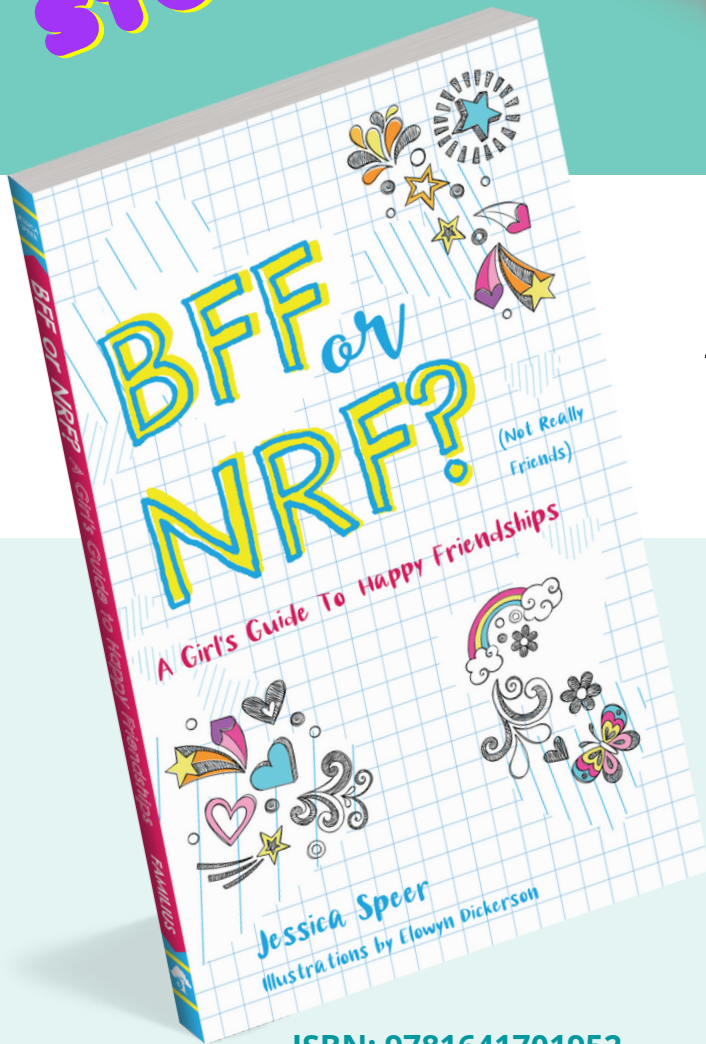


THE ULTIMATE FRIENDSHIP GUIDE

STORIES

ACTIVITIES QUIZZES



ISBN: 9781641701952

Age Range: 8-12

**“With the recent emphasis on social-emotional learning, this guide discusses friendship in an accessible way”
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- QUIZ - How Healthy Is My Friendship?
- QUIZ - How Are My Friendship Skills?
- The Friendship Pyramid
- Conflict Versus Bullying
- Tricky Friendship Scenarios
- And More!

Jessica Speer's research and writing focus on topics related to pre-teens and teens. **BFF or NRF (Not Really Friends)** grew out of her friendship program that strengthens social awareness and helps kids learn to navigate common struggles. She has a master's degree in social sciences and explores social-emotional topics in ways that connect with kids.



www.JessicaSpeer.com