

BFF or NRF (Not Really Friends)?

Bookclub Discussion Questions:

1. (Chapter 2) Friendship skills take practice. Which friendship skills are easy for you? Which skills are harder for you to do?
2. (Chapter 3) The Friendship Pyramid illustrates that friendships change, people change, and misunderstandings are common. Think of one of your friendships that moved up or down the pyramid. Was this change easy or hard for you? Explain.
3. (Chapter 5) All emotions are okay, even the uncomfortable ones. Do you do anything to take care of yourself when you are experiencing an uncomfortable emotion?
4. (Chapter 6) Do you find it easy or difficult to speak up when a friend isn't treating you well? If difficult, what keeps you from speaking up? If speaking up is easy for you, what have you learned along the way?
5. (Chapter 8) Sometimes people confuse conflict with bullying. How common is conflict at your school? How common is bullying?
6. (Chapter 8) Do kids know how to respond when they see or experience bullying at your school or online? What would help?
7. (Chapter 9) Making new friends can be tricky. Share a time that you made a new friend. Where and how did you meet?
8. (Chapter 11) The book explores nine friendship truths, which are summarized in the last chapter. What friendship truth is especially helpful to you and why?
9. (Chapter 11) Take a look at the list of friendship truths. Would you add any truths to the list? What would you add?
10. (Chapter 11) What friendship truth do you wish you had learned earlier? Why?